



# Colloquium: Ambulatory Assessment to investigate physical activity and mood

June, the 19th, 09:30 – 13:15 Karlsruhe Institute of Technology (KIT) Adenauerring 20a, 76131 Karlsruhe Building 50.41, Room 145 and 146

## Birte von Haaren-Mack (University of Cologne, Germany)

Effects of aerobic exercise training on psychophysical stress reactivity to real-life stressors

#### Markus Reichert (KIT, Germany)

Novel approaches for investigating physical activity's psychological and neurobiological correlates: Combining Interactive Ambulatory Assessment and functional Magnetic Resonance Imaging

## Elena Koch (KIT, Germany)

Mobile-Health intervention: Integrating video clips and automated real-time feedback in Ambulatory

#### Genevieve Dunton (University of Southern California, USA)

Ecological Momentary Assessment in Physical Activity Research: Examining Synchronicity, Sequentiality, and Instability

#### Martina Kanning (University of Konstanz, Germany)

How can we measure environmental effects on affective states and physical activity in everyday life?

## Jutta Mata (University of Mannheim, Germany)

Healthy, happy, and beyond: The role of health behaviors for affect and other indicators of well-being

